

December 2022 Monthly Social Calendar

Life Enrichment Memory Program

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>10:00 Morning Exercise 0:30 Church Service (TV) 1:00 Hydration & Chronicle 1:30 Simon Says :00 BINGO :00 Coloring and Puzzles :00 Afternoon Snack/Drink & Ball Toss :00 Floor Bowling :00 Chair Dancing :30 Movie</p>	<p>5 10:00 Morning Exercise 10:30 Move it to the Music! 11:00 Hydration & Chronicle 11:30 Today's News 1:00 BINGO 2:30 Entertainment: Dusti (LEP) 3:00 Afternoon Snack/Drink & Holiday Sing-along 4:00 Read Aloud 6:00 Chair Dancing 6:30 Movie</p>	<p>6 10:00 Morning Exercise 10:30 Parachute Game 11:00 Hydration & Chronicle 11:30 Trivia 1:00 BINGO 2:00 Wrapping "Presents" 3:00 Afternoon Snack/Drink & Holiday Trivia 4:00 Cardio Drumming 6:00 Chair Dancing 6:30 Movie</p>	<p>7 10:00 Morning Exercise 10:30 Bucket Toss 11:00 Hydration & Chronicle 11:30 "Jogging Your Noggin" 1:30 Christmas Carols w/ Faith Church (ML) 2:00 Snowflakes 3:00 Afternoon Snack/Drink & "Name 10" 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>8 10:00 Morning Exercise 10:30 Chair Yoga 11:00 Hydration & Chronicle 11:30 "Fill the Blank" 1:30 Entertainment: John Thorp (ML) 2:30 Folding Group 3:00 Afternoon Snack/Drink & "WWYD" 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>2 10:00 Morning Exercise 10:30 Kickball! 11:00 Hydration & Chronicle 11:30 I Spy 1:00 BINGO 2:30 Entertainment: Doug & Santo (ML) 3:30 Afternoon Snack/Drink & "Raise your hand if..." 6:00 Chair Dancing 6:30 Movie</p>	<p>3 10:00 Morning Exercise 10:30 Volley-Ball 11:00 Hydration & Chronicle 11:30 "Something you find..." 1:00 BINGO 2:00 Folding Group 3:00 Afternoon Snack/Drink & Basketball 4:00 Christmas Sing-along 6:00 Chair Dancing 6:30 Movie</p>
<p>1 10:00 Morning Exercise 0:30 Church Service (TV) 1:00 Hydration & Chronicle 1:30 Simon Says :00 BINGO :00 Coloring & Puzzles :00 Coco Cookies & Christmas Stories :00 Floor Bowling :00 Chair Dancing :30 Movie</p>	<p>12 10:00 Morning Exercise 10:30 Move it to the Music! 11:00 Hydration & Chronicle 11:30 "Target Practice" 1:00 BINGO 2:00 "Making Snowmen" 3:00 Afternoon Snack/Drink & Read Aloud 4:00 Cardio Drumming 6:00 Chair Dancing 6:30 Movie</p>	<p>13 10:00 Morning Exercise 10:45 Baking Group: Gingerbread Men (2F) 11:00 Hydration & Visits 1:00 BINGO 1:30 Non-Denominational Church Meeting (CR) 2:00 Making Candy Canes 3:00 Afternoon Snack/Drink & Trivia 4:00 Parachute Game 6:00 Chair Dancing 6:30 Movie</p>	<p>14 10:00 Morning Exercise 10:30 Bucket Toss 11:00 Hydration & Chronicle 11:30 "It Starts With..." 1:00 BINGO 2:00 Runnin' on Dunkin' 3:00 Afternoon Drink 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>15 10:00 Morning Exercise 10:30 Table Bowling 11:00 Hydration & Chronicle 11:30 "Fill the Blank" 1:00 BINGO 2:00 "Roll a Snowman" 3:00 Afternoon Snack/Drink & playing catch 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>16 10:00 Morning Exercise 10:30 Kickball! 11:00 Hydration & Chronicle 11:30 Trivia 1:00 BINGO 2:30 Entertainment: Combo Compact (ML) 3:30 Afternoon Snack/Drink & Manicures 6:00 Chair Dancing 6:30 Movie</p>	<p>17 10:00 Morning Exercise 10:30 Volley-Ball 11:00 Hydration & Chronicle 11:30 "Finish the Line" 1:00 BINGO 2:00 Coloring & Painting 3:00 Afternoon Snack/Drink & Conversation 4:00 Basketball 6:00 Chair Dancing 6:30 Movie</p>
<p>8 10:00 Morning Exercise 0:30 Church Service (TV) 1:00 Hydration & Chronicle 1:30 Simon Says :00 BINGO :30 Spiritual Moments (LEP) :00 Afternoon Snack/Drink Ball Toss :00 Floor Bowling :00 Chair Dancing :30 Movie</p>	<p>19 10:00 Morning Exercise 10:30 Move it to the Music! 11:00 Hydration & Chronicle 11:30 Playing Catch 1:00 BINGO 2:00 Gingerbread Houses 3:00 Afternoon Snack/Drink & "Name 10" 4:00 Read Aloud 6:00 Chair Dancing 6:30 Movie Christmas Spirit Day: Wear red, green or white</p>	<p>20 10:00 Morning Exercise 10:45 Baking Group: Christmas Cookies (2F) 11:00 Hydration & Visits 1:00 BINGO 2:30 Entertainment: Doug & Santo (LEP) 3:00 Afternoon Snack/Drink & Holiday Trivia 4:00 Cardio Drumming 6:00 Look Park Winter Wonderland Drive 6:30 Movie Winter Wonderland: Deck out in white, blue, sparkles, anything that screams "White Christmas!"</p>	<p>21 10:00 Morning Exercise 10:30 Bucket Toss 11:00 Hydration & Chronicle 11:30 "Joggin' Your Noggin" 1:00 BINGO 2:30 Entertainment: Agawam Melody Band (CR) 3:00 Coco Cookies & Christmas Stories 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie "Twas the Night Before Christmas" PJ DAY</p>	<p>22 10:00 Morning Exercise 10:30 Chair Yoga 11:00 Hydration & Chronicle 11:30 "WWYD" 1:00 BINGO 2:00 "Roll a Santa" 3:00 Ice Cream Sodas 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie Ugly Sweater Day: Wear your ugliest sweater for a chance to win a prize</p>	<p>23 10:00 Morning Exercise 10:30 Kickball! 11:00 Hydration & Chronicle 11:30 I Spy 1:00 BINGO 2:30 Entertainment: Fred Marion 3:30 Eggnog, Cookies & Manicures 6:00 Chair Dancing 6:30 Movie "Deck the Halls" Wear ALL your favorite Christmas Attire!</p>	<p>24 10:00 Morning Exercise 10:30 Table Bowling 11:00 Hydration & Chronicle 11:30 "Finish the Line" 1:00 BINGO 2:00 Christmas "Morning" Coco & Presents by the Christmas Tree 3:00 Afternoon Snack/Drink & Holiday Jokes 4:00 Sing-along 6:00 Chair Yoga 6:30 Movie</p>
<p>5 10:00 Morning Exercise 0:30 Church Service (TV) 1:00 Hydration & Chronicle 1:30 Holiday Trivia :00 BINGO :00 Floor Bowling :00 Cozy Christmas Relaxation Station :00 Christmas Caroling :00 Chair Dancing :30 Movie</p>	<p>26 10:00 Morning Exercise 10:30 Move it to the Music! 11:00 Hydration & Chronicle 11:30 Cardio Drumming 1:00 BINGO 2:00 Folding Group 3:00 Afternoon Snack/Drink & Sing-along 4:00 Cardio Drumming 6:00 Chair Dancing 6:30 Movie</p>	<p>27 10:00 Morning Exercise 10:45 Baking Group: Oreo Truffles (2F) 11:00 Hydration & Visits 1:00 BINGO 2:00 Painting 3:00 Afternoon Snack/Drink & Trivia 4:00 Parachute Game 6:00 Chair Dancing 6:30 Movie</p>	<p>28 10:00 Morning Exercise 10:30 "Target Practice" 11:00 Hydration & Chronicle 11:30 "It Starts With..." 1:00 BINGO 2:00 Arts & Crafts 3:00 Afternoon Snack & Drink & "Name 10" 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>29 10:00 Morning Exercise 10:30 Table Bowling 11:00 Hydration & Chronicle 11:30 "Finish the Line" 1:00 Finish the Line 2:00 "Roll a Snowman" 3:00 Afternoon Snack/Drink & "WWYD" 4:00 Sing-along w/ Alma 6:00 Chair Dancing 6:30 Movie</p>	<p>30 10:00 Morning Exercise 10:30 Kickball! 11:00 Hydration & Chronicle 11:30 I Spy 1:00 BINGO 2:30 December birthday Party! 3:00 Afternoon Snack/Drink & Manicures 6:00 Chair Dancing 6:30 Movie</p>	<p>31 10:00 Morning Exercise 10:30 Table Bowling! 11:00 Hydration & Chronicle 11:30 "Something you find..." 1:00 BINGO 2:00 "Matching Game" 3:00 New Years Party "wine" + Canvas 4:00 Basketball 6:00 Chair Dancing</p>