



## Compassionate Memory Care

Linda Manor Assisted Living's Life Enrichment Memory Care Program offers resident-focused care for those living with Alzheimer's and other forms of memory loss and dementia. Our compassionate care is designed to help residents experience the highest possible quality of life.

## Who are we?

Integrity Healthcare is a non-profit, Massachusetts-based organization offering senior housing, skilled nursing, post-acute rehabilitation, memory care, hospice and palliative care.

We are dedicated to helping older adults regain abilities whenever possible, creating a supportive, homelike environment for those needing long-term care. We also provide senior living housing options and a compassionate hospice experience for those with life-limiting illnesses in the communities we serve.

### Berkshire County

- Fairview Commons Nursing & Rehabilitation Center
- Hillcrest Commons Nursing & Rehabilitation Center
- Kimball Farms Life Care Retirement Community
- Kimball Farms Nursing Care Center
- Mt. Greylock Extended Care
- North Adams Commons Nursing & Rehabilitation Center
- Williamstown Commons Nursing & Rehabilitation Center
- HospiceCare in The Berkshires

### Pioneer Valley

- Charlene Manor Extended Care
- Day Brook Village Senior Living
- East Longmeadow Memory Care Assisted Living
- East Longmeadow Skilled Nursing Center
- Linda Manor Assisted Living
- Linda Manor Extended Care
- Pioneer Valley Hospice & Palliative Care

### Northeastern Massachusetts

- Hunt Nursing and Rehabilitation Center
- Pilgrim Rehabilitation and Skilled Nursing Center

### Southern Massachusetts

- Bourne Manor Extended Care
- Hathaway Manor Extended Care
- Windsor Skilled Nursing and Rehabilitation Center

In addition, Integrity Healthcare offers IntegriNurse—providing nursing staff solutions—and IntegriScript is their institutional pharmacy.



*Life*  
*Enrichment*  
**MEMORY PROGRAM**

  
Linda Manor Assisted Living  
AN AFFILIATE OF INTEGRITY HEALTHCARE

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[www.lindamanorassistedliving.org](http://www.lindamanorassistedliving.org)



  
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## All-Inclusive Memory Care

Residents living with Alzheimer's and other dementias can discover new possibilities as part of our Life Enrichment neighborhood. Built around the philosophy of habilitation, which focuses on the skills that remain, our program creates an environment where caregivers live inside each resident's world. We provide as much assistance as our residents need for one, all-inclusive monthly fee, and there's no entrance fee. The only additional costs are for telephone, cable and guest meals.

## A Caring Community

We focus on ability, with a simplified, encouraging environment, meaningful activities and personal support to promote self-esteem, dignity and feelings of success. Our self-contained, secure Life Enrichment neighborhood is designed for familiarity, with artwork and color cues to help residents build connections with the world around them.

- Choice of single or shared apartment with private bath(s)
- All-inclusive personal care, including bathing, grooming, dressing, eating, toileting and ambulation
- Dedicated dining room, beauty salon/barbershop, activities area, library and computer room, spa, country kitchen and sunroom
- Medication management
- Full-time Wellness Nurse
- Resident Care Partners for assistance with daily routines 24 hours a day, seven days a week
- Emergency alert system
- Housekeeping and transportation
- Three nutritious meals each day, with all-day options and alternative menus
- Days planned around each resident's internal clock, with activities presented at times best for each resident



## Programs for Success

Meaningful activities help residents make connections with the world around them and maintain the abilities they have. We find that familiar everyday activities make a great foundation, so we focus on what our residents enjoy doing and what used to be part of their regular routine.

Our dining program keeps things simple to encourage success, with our care team facilitating mealtime socialization and modeling appropriate behavior. Finger foods are options for those no longer able to use utensils, and food and beverages are available all day when formal mealtimes are not realistic. Above all, we assist each resident within their current capabilities, always showing the utmost dignity and respect.